



**Normanville
Natural Resource Centre**
3/50 Main Street Normanville SA 5204



NEWSLETTER

Issue 19 Winter 2015

LIVING WITH FROGS

**NORMANVILLE NATURAL RESOURCE CENTRE
PRESENTS
FROGS OF THE FLEURIEU
WITH
REGINA DURBRIDGE
ON
THURSDAY 4TH JUNE 2015
AT 7.00 PM AT THE
NORMANVILLE SURF LIFE SAVING CLUB**



Book now for
this FREE event
on 8558 3644

PHOTO: EASTERN BANJO FROG BY STEVE WALKER

Eight species of native frogs have been recorded in the Adelaide and Mount Lofty Ranges region. While their specific habitat requirements vary, most require quality native riparian vegetation and all need good quality water that persists for at least 3 months of the year.

Come and hear more about these fascinating creatures and learn how to monitor frogs on your property. Plenty of spaces left please book on 8558 3644.

PLASTIC FREE JULY

Join us and accept the challenge to try and go plastic free during July!

Plastic Free July aims to raise awareness of the amount of unneeded plastic in our lives by encouraging people to eliminate the use of single-use plastic during July each year.

Single-use includes plastic shopping bags, plastic cups, straws, plastic packaging basically anything that is intended only to be used once and then sent to landfill. If refusing ALL single use plastic sounds too daunting this time, try the TOP 4 challenge (straws, plastic bags, plastic bottles & coffee cup lids).

Good Luck!

PLASTIC FREE JULY



Will you accept the challenge?

What is Plastic Free July?

Plastic free July is a fun challenge that gets us thinking about the amount of plastic packaging in our lives.

Why Participate?

- Australians send 1 million tonnes of plastic to landfill each year. And too much plastic ends up as litter.
- Chemicals in plastics can have harmful effects on our health.
- You're not alone! Join the PFJ network and join us at events, workshops and online discussion forums.

The Challenge

- Attempt to consume no single-use plastic during July.
- Collect any plastic packaging you do buy. Keep it in a 'dilemma bag'.



Western Metropolitan Regional Council



STEP 1: Pick your challenge!

Will you refuse:

- Single-use disposable plastic in July; or
- The Top 4: straws, plastic bags, plastic bottles & coffee cup lids

Choose the length of your challenge:

- 1 day • 1 week • 1 month

STEP 2: Register!

- www.plasticfreejuly.org

STEP 3: Get started!

- Create a 'dilemma bag' for the plastic packaging you just can't avoid.
- Attend a Plastic Free July event for tips on living plastic free (see www.plasticfreejuly.org).

STEP 4: Share your experience!

Share your experiences & ideas at www.facebook.com/PlasticFreeJuly

www.plasticfreejuly.org

NATIONAL TREE PLANTING DAY



**SUNDAY
26TH JULY 2015**

Get involved!

Visit tree.day.planetark.org

hotline 1300 88 5000

#nationaltreetoday

National Tree Day is organized by Planet Ark in partnership with Toyota Australia

SHARING CART



The Centre now has a sharing cart made by one of our talented volunteers and on fine days you will find it outside the centre. Everything on the cart is FREE, so if you would like to share your unwanted items or just pick up something that might come in handy - keep an eye on this FREE cart. Items must be in good condition and working order and fit on the cart. NO junk, books, clothes

VEGGIE SWAP FACEBOOK



The Veggie Swap Facebook page is back up and running with lots of news and photos of our monthly swaps and all sorts of useful tips. Please **like** our page and share your ideas and recipes at

<https://www.facebook.com/NormanvilleVeggieSwap>

Have you tried this great natural cleaner, insect repellent or air freshener? Don't throw your citrus peel away, soak it in white vinegar in a sealed jar for up to two weeks then strain the liquid and use as needed.

The Centre has now restocked the Fleurieu Bird Book - so come in and get a copy for \$35.00!

If you are interested in helping the Hooded Plovers on our local beaches, please contact me at the centre. We will be holding a meeting in the next few weeks to see how we can increase the Hooded Plover population on the Fleurieu.

FIND US ON FACEBOOK

<https://www.facebook.com/pages/Normanville-Natural-Resource-Centre/198759690265524>

**NORMANVILLE NATURAL RESOURCE CENTRE
3/50 MAIN STREET, NORMANVILLE SA 5204**

OPEN: 10 am - 3 pm Mon, Tues, Thurs & Fri

Management Committee:

President - Matt Robertson

Secretary - Jacqui Salkeld

Treasurer - Nigel Duncan

PH: (08) 8558 3644

Website: nnrc.com.au

Email: admin@nnrc.com.au

EVENT CALENDAR

Thursday 4th June - Frog Workshop

Saturday 6th June- Veggie Swap

Monday 22nd June - Bird Field Trip to Onkaparinga Conservation Park

Thursday 25th June – ReCreate

Sunday 28th June - Swamp Fest Planting Day

Saturday 4th July - Veggie Swap

Sunday 26th July - National Tree Planting Day

Thursday 30th July - ReCreate

Saturday 1st August - Veggie Swap

Thursday 27th August - ReCreate

Saturday 5th September - Veggie Swap

Sunday 20th September - Deep Creek Open Day

Saturday 3rd October - Yankalilla Show