



**Normanville
Natural Resource Centre**
3/50 Main Street Normanville SA 5204



NEWSLETTER

Issue 15—Autumn 2014

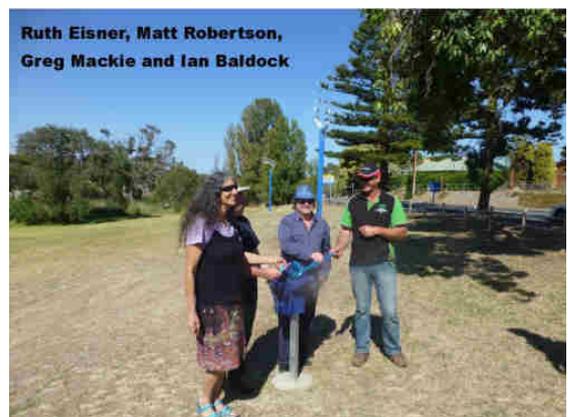
PATHWAY TO SUSTAINABILITY

The Pathway to Sustainability was officially opened in Bungala Park on Sunday 26th January, straight after the Australia Day celebrations. The object of the Pathway to Sustainability is to increase awareness of Sustainable Living by developing and promoting a community area that enhances environmental, social and cultural well-being.

Four poles with sculptures at the top depicting the four elements - earth, wind, fire and water have been erected at the Western end of Bungala Park. Each pole features a philosophical quote suitable to the element that each pole represents, with the emphasis on sustainable living, and in the future will be connected by a winding pathway.

The sculptures were designed by a local artist Ruth Eisner and created by local artisan Ian Baldock. Ruth & Ian along with the Normanville Natural Resource Centre (NNRC) Chairman, Matt Robertson and Greg Mackie from Yankalilla District Council officially declared the Pathway open after a short speech by Greg Mackie. The project was funded by the NNRC through various fundraising activities it has undertaken over the past few years.

It is intended that this pathway will be a permanent fixture. This will provide focus and interest to this unused space and give natural resource issues a continued presence in the area.



**Ruth Eisner, Matt Robertson,
Greg Mackie and Ian Baldock**



SUPPORTED BY THE Adelaide and Mount Lofty Ranges Natural Resources Management Board

HOW TO REDUCE YOUR POWER BILL

Learn how to conduct your own home energy assessment, which is a good first step toward saving money by making your place more energy efficient. Put simply, an energy assessment determines how much energy your home uses and figures out ways to reduce it. An assessment can show you how to save electricity, such as switching to energy efficient light bulbs and appliances. An assessment can determine the efficiency of your heating system or air conditioning which is where most of your electricity is used.

Just by walking through your home and diligently looking for issues with a do-it-yourself home energy assessment brochure you will be able to pinpoint areas where you could improve the electricity usage. If you would prefer some help, the centre offers a FREE home energy assessment service which takes about 2 hours and includes some FREE energy saving products.

Register now on 8558 3644 - every participant receives a **FREE ECO SWITCH** designed to make it easy to turn off all your standby appliances.

GEOLOGY WALK

The southern Fleurieu has a rock record extending back at least 1600 million years. These rocks are the foundation for our landscape and scenery. Join geologist Dr Pierre Kruse on a guided tour of our fascinating geological history, beginning with a short introductory talk at the Natural Resource Centre. We will then visit Myponga Beach, Carrickalinga Head, Little Gorge, Wirrina and Second Valley to get a hands-on overview of the rocks of the southern Fleurieu.

A moderate level of fitness is desirable, as we will be walking a few hundred metres at some stops. Please wear strong footwear suitable for clambering over rocks as well as sun hat and sunscreen. Bring a picnic lunch which we will have in Bungala Park along the Pathway to Sustainability. The talk at the NNR Centre will start at 10 am and hopefully we will finish between 2 – 3 pm with afternoon tea at Leonard's Mill.

PLASTIC FREE JULY

Plastic Free July aims to raise awareness of the amount of plastic in our lives by encouraging people to eliminate the use of single-use plastic during July each year. The centre will be holding various events during the month to help you reduce your plastic usage, please see calendar on page 4.

This concept started as a local community initiative in Perth's western suburbs in 2011 to educate residents on the important notion of 'reuse'. In 2012 it was expanded across Perth and even attracted interstate and international interest. The NNRC is hoping to get at least 50 members to register for this event. More details in the near future!!

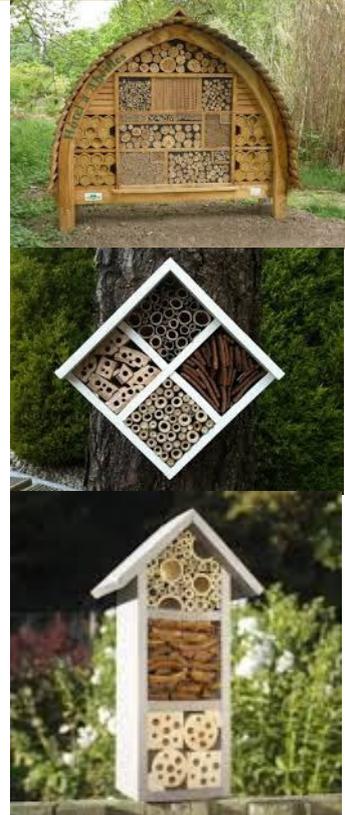


BEE HOTELS

The movie 'The Vanishing Bee' which was shown at our last event was very informative but at the same time very disturbing. Do we all appreciate how much we rely on Bees for a lot of our daily food!! If you are interested in seeing this movie you can now borrow it from the centre.

Dr Remko Leijs was our guest presenter at this session and talked about some of the 2,500 different species of native bees. They are fascinating insects with beautiful colours and markings with very different behaviours. To find out more about these bees we are holding a workshop on Thursday 1st May to create Bee Hotels to erect in your garden so you can watch different species nest. They will also help with pollination of your fruit and vegetables. Hopefully you will be able to attract blue-banded, masked, resin and leafcutter bees.

If you would like to attend this session please contact the centre on 8558 3644.



NEW NATURAL RESOURCE CENTRE

The Barossa Bushgardens has become a Natural Resource centre, bringing the total to 7 in the Adelaide & Mt. Lofty Natural Resource Management area. It has been operation as a regional native flora centre, conserving, promoting and supplying the Barossa region's unique local native plants for well over 10 years. It is a model social enterprise and a not-for-profit business which returns profits to environmental conservation.

Idyllically situated on a 7 hectare site on research Road, Nuriootpa, this community project provides a reference point for anyone wishing to learn more about the regions local native plants. Thousands of seedlings are grown each year by volunteers at their onsite nursery and are then sold to the public twice a year.

Barossa Bushgardens boasts seven display gardens, such as the 'CFS Fire-wise Garden', the 'Truly Australian Front Garden', the 'Sensory Garden', the 'Eremophila Garden' and the 'Old Gum Tree' restoration project.

If you are in the Barossa take a stroll round the Bushgardens—it is very interesting!



FIND US ON FACEBOOK

At <https://www.facebook.com/pages/Normanville-Natural-Resource-Centre/198759690265524> and visit the Veggie Swap Facebook page at <https://www.facebook.com/NormanvilleVeggieSwap> to share knowledge and wisdom with other veggie growers.

CALENDAR OF EVENTS

Saturday 15th March—How to Reduce Your Power Bill Workshop*

Thursday 27th March—Local Walk in Second Valley Forest*

Saturday 4th April—Veggie Swap at NNR Centre

Saturday 12th April— Geology Walk around local areas*

Thursday 1st May—Recreate Bee hotels*

Saturday 3rd May—Veggie Swap at NNR Centre

Saturday 6th June—Veggie Swap at NNR Centre

Saturday 28th June—Movie ‘Bag It’ - Plastic Free July Event (PFJ)*

Thursday 3rd July—Trip to Wholesale Food Outlet (PFJ)*

Saturday 5th July—Veggie Swap at NNR Centre

Saturday 19th July—Natural Skin Care Workshop*

Sunday 27th July—National Tree Planting Day*

***Need to book for these events either by phoning 8558 3644 or online at <http://www.nnrc.com.au/eventsPDF2.php?type=All> listed Events**

NORMANVILLE NATURAL RESOURCE CENTRE

3/50 MAIN STREET

NORMANVILLE SA 5204

Management Committee:

President—Matt Robertson

Secretary—Pia Pilcher

Treasurer—Nigel Duncan

Ph./Fax. (08) 8558 3644

Website: nnrc.com.au

Email: admin@nnrc.com.au